

MASTERING WEIGHTED TUNING FORKS & TIBETAN BOWLS for Vibro-acoustic Therapy

with Neli Merris



8 Hours Intensive Training
Yoga Alliance Certified

ABOUT NELI

With over a decade of expertise in Sound Healing Therapy, Vibroacoustic Massage, Energy Healing and Yoga, Neli brings a wealth of knowledge and passion to guide you through the profound realms of sound.

Neli's commitment to recognizing the uniqueness of each individual forms the foundation of her training approach. As a seasoned Yoga Teacher, Breathwork & Movement Facilitator, Light Therapist and a Mindset Coach, she seamlessly integrates diverse modalities to create an enriching learning experience.

Driven by a desire to elevate the power of sound for healing, Neli has undergone extensive training, mastering various instruments like Tibetan singing bowls, Tibetan vibrational bowls, Tuning Forks, Crystal Bowls, Gongs, Drums, Chimes, Rainmakers and more. This curated selection empowers her to craft deeply transformative soundscapes that leave a lasting positive impact.

Offering Private, Group, and Corporate Sound Healing Sessions, Ceremonies, Workshops, Events, Spiritual Retreats, Coaching and Trainings, Neli invites others to explore transformative experiences through the power of sound.



SOUND
THERAPY

SOUND HEALING TRAINING

OBJECTIVES

MASTERING WEIGHTED TUNING FORKS & VIBRATIONAL TIBETAN BOWLS

This 1-day training equips participants to master the use of weighted tuning forks and vibrational Tibetan bowls for vibro-acoustic therapy. By the end, participants will confidently apply these tools to themselves, family members, and clients, focusing on healing through acupuncture points, meridian lines, chakras, the front and back body, and feet. The training covers both theory and practical techniques, integrating these powerful sound healing tools into complete therapeutic sessions.

WHAT WILL YOU LEARN?

CURRICULUM

1. Introduction to Tuning Forks
2. History, types, and benefits of tuning forks, especially the 128 C tuning fork for vibro-acoustic therapy.
3. Practical Applications of Tuning Forks
4. Hands-on use of the 128 C tuning fork on acupressure points, meridians, chakras, face, and feet.
5. Introduction to Vibrational Tibetan Bowls
6. Overview, benefits, and selecting the right bowl and tools for therapy.
7. Practical Applications of Tibetan Bowls
8. Use of bowls for chakra balancing on the front and back body and seated vibro-acoustic massage.
9. Integration of Tuning Forks & Tibetan Bowls
10. Combining both tools in a full therapeutic session, including space preparation and guided relaxation.

WHAT WILL YOU RECEIVE

You will be required to facilitate a Sound Healing Session and answer various questions. Only after successful completion, you will receive:

- Certificate for Sound Healing Training: Mastering Weighted Tuning Forks & Tibetan Bowls for Vibro-Acoustic Therapy accredited by Yoga Alliance International with 8 Credit Hours
- ongoing support from Neli
- full manual with techniques and practices
- special discounts on events and future trainings run by Neli



CERTIFICATION

Registration

INVEST IN YOURSELF

The In-Person Training takes place on the
24 November 2024

Abu Dhabi

Cost is AED 850, with an optional AED 250 for lifetime
access to Online Training with recorded videos for
ongoing learning

For further enquiries and to book
Mob/Whatsapp: +971 566020690



THANK YOU!