

MASTERING TUNING FORKS

for Vibrational Sound Healing

with Neli Merris



ONLINE TRAINING
Yoga Alliance Certified

ABOUT NELI

With over a decade of expertise in Sound Healing Therapy, Vibroacoustic Massage, Energy Healing and Yoga, Neli brings a wealth of knowledge and passion to guide you through the profound realms of sound.

Neli's commitment to recognizing the uniqueness of each individual forms the foundation of her training approach. As a seasoned Yoga Teacher, Breathwork & Movement Facilitator, Light Therapist and a Mindset Coach, she seamlessly integrates diverse modalities to create an enriching learning experience.

Driven by a desire to elevate the power of sound for healing, Neli has undergone extensive training, mastering various instruments like Tibetan singing bowls, Tibetan vibrational bowls, Tuning Forks, Crystal Bowls, Gongs, Drums, Chimes, Rainmakers and more. This curated selection empowers her to craft deeply transformative soundscapes that leave a lasting positive impact.

Offering Private, Group, and Corporate Sound Healing Sessions, Ceremonies, Workshops, Events, Spiritual Retreats, Coaching and Trainings, Neli invites others to explore transformative experiences through the power of sound.



SOUND
THERAPY

TRAINING OBJECTIVE

ONLINE

MASTERING TUNING FORKS FOR VIBRATIONAL SOUND HEALING

The objective of this course is to equip participants with comprehensive knowledge and practical skills in utilizing tuning forks for therapeutic purposes.

Through hands-on demonstrations and practical applications on the body, participants will learn effective techniques for utilizing tuning forks on specific points, including meridian lines, acupressure points and chakra points.

By the end of the course, participants will be proficient in incorporating tuning fork techniques into sound therapy practices, enhancing their ability to provide therapeutic benefits to clients.

MASTERING TUNING FORKS MODULE

CURRICULUM

1. Introduction to Tuning Forks

- a. Explore the historical origin of tuning forks.
- b. Understand the manufacturing process and materials used.
- c. Examine the different varieties of tuning fork types
- d. Delve into the benefits and properties of the 128 C tuning fork.
- e. Understand why this specific frequency is chosen for Vibro-Acoustic Massage.

2. Quiz

3. Practical Applications on the Body

- a. Hands-on demonstrations with the 128 C tuning fork - how to activate and use, contraindications
- b. Application on specific points on the body for optimal therapeutic effects.
 - i. Chakra points
 - ii. Meridian lines
 - iii. Acupressure points

4. Using other sound healing instruments, guided meditation and relaxation, preparing the space and closing the session

5. Quiz

WHAT WILL YOU RECEIVE

You will be required to complete the Self Practice and Quiz at the end of each section. After successful completion, you will receive:

- Certificate for Mastering Tuning Forks for Vibrational Sound Healing Accredited by Yoga Alliance International
- full manual with techniques and practices
- preferential rates on In-Person Trainings with Neli

We would highly recommend to conduct at least 3 sessions on friends or family using tuning forks within 7 days after completing the training.



CERTIFICATION

Registration

INVEST IN YOURSELF

Online Training including:
50 minutes high quality videos
3 hours self study
5 hours practice information
PDF Manual
Investment: USD 100

For further enquiries
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THANK YOU!